

DEVELOPED BY THE SEXUAL ASSAULT PREVENTION & EDUCATION CENTER

JAYHAWKS

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Sexual Assault Prevention and

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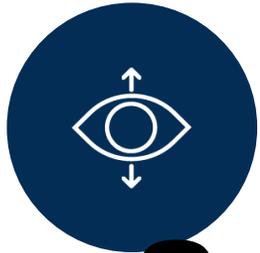
GIVE A FLOCK!

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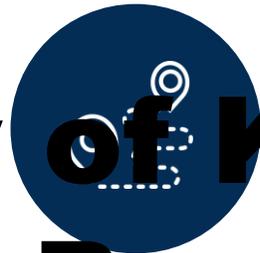
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**BYSTANDER INTERVENTION WORKSHOP
FOR THE UNIVERSITY OF KANSAS**

Updated Version Spring 2023



Students will **RECOGNIZE** sexual violence as a serious campus issue.



Student will **IDENTIFY** barriers and develop a plan for safe bystander intervention.

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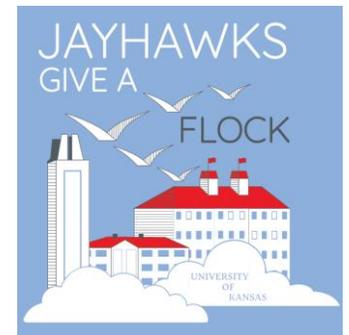


Student will apply strategies to **INTERVENE** (Delegate, Distract, Direct) as a group.



Students will **FOLLOW UP** by supporting survivors and holding offenders accountable.

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A FEW DISCLAIMERS.

Jayhawks Give a Flock uses situations and topics that can be difficult for some students affected by sexual violence. It is not a safe space to participate. **confidential advocates are on site** for any students who would like to talk to someone and not share for their feelings.

Most incidents of sexual violence feature **women as survivors** and **men as offenders**. However, it is important to note sexual violence is experienced by people of **all gender identities** and **sexual orientations**.

Students are **encouraged to share** their experiences as bystanders. *That stated, almost all of our facilitators are mandated reporters to the University, meaning they have an obligation to report instances of sexual violence to the Office of Civil Rights & Title IX.*

Campus and community resources for survivors will be provided at the end of the workshop.

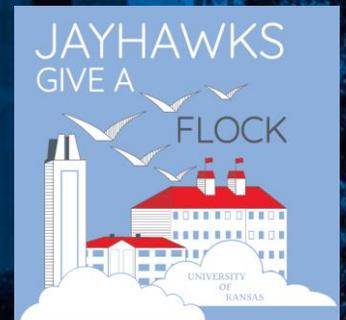
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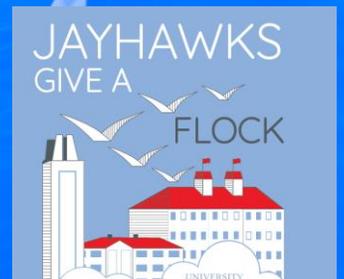
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GROUP AGREEMENT

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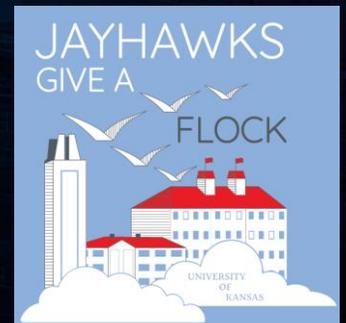
- CHALLENGE YOURSELF
- SELF-CARE

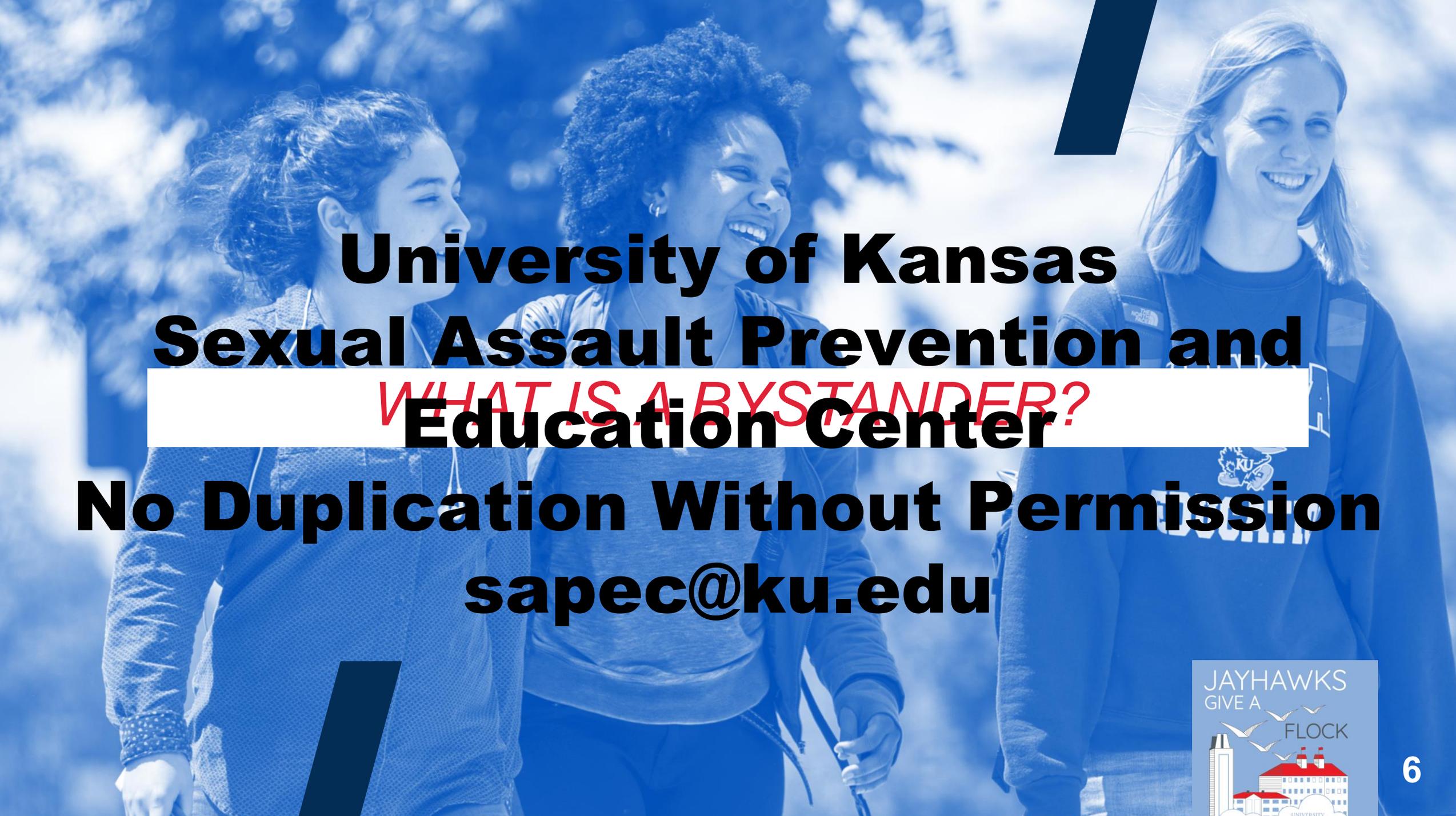
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- RESPECT

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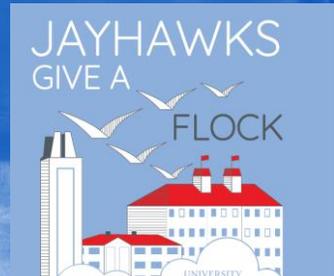




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WHAT IS A BYSTANDER?

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by·stand·er

by·stand·er

(noun):

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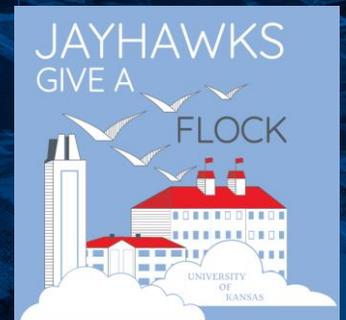
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Individuals who witness concerning behaviors, problematic events, or emergencies and by their presence have the opportunity to provide assistance, do nothing, or help facilitate the negative behavior.

In the context of this workshop, the term **active bystander** will be used to refer to an individual who intervenes in a way that impacts the outcome positively.

Being an active bystander means assessing how we can best support the person experiencing harm, while also minimizing any additional harm from occurring in the process.



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*WHEN HAVE YOU BEEN AN
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ACTIVE BYSTANDER?*

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GIVE A



WHY SHOULD JAYHAWKS GIVE A FLOCK?

JAYHAWK VALUES

As Jayhawks, we are committed to these core values

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We will actively foster **UNITY**, a community based in tradition and continually growing through healthy relationships and effective communication.

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We will strive for **INNOVATION** through our education and find new and creative solutions to the problems facing our campus, our community, and the world.

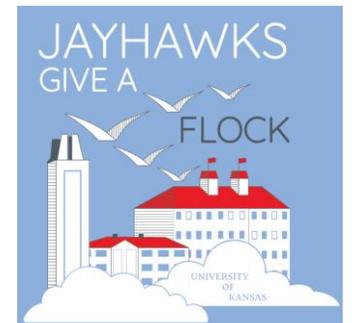
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We will advocate for **DIVERSITY**, respecting all Jayhawks and their unique and have their own personal stories while cultivating a safe community rooted in equity and justice.

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We will value **ENGAGEMENT**, taking responsibility inside and outside of the classroom to be active members of the global community.

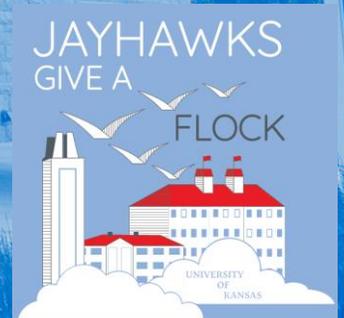


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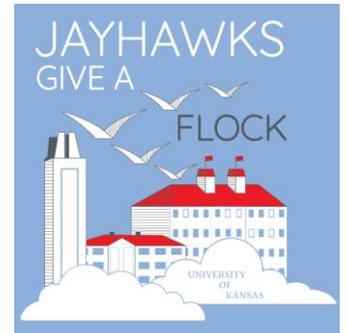
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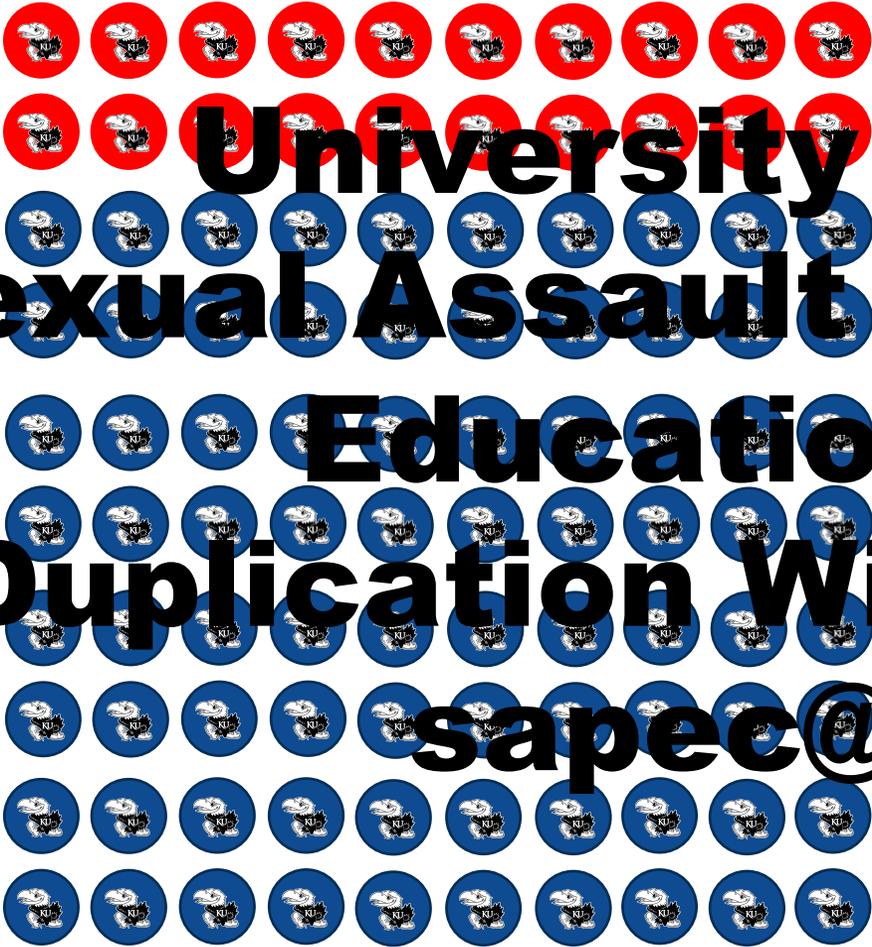
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any sexual act that is imposed on another person without their consent and is perpetrated through use of incapacitation, deception, coercion, fear, or force.

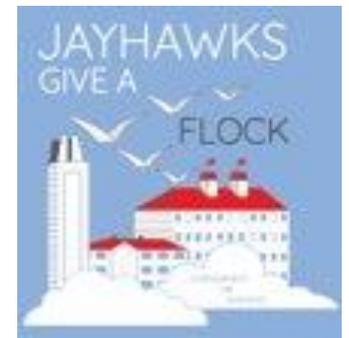




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1 in 5 women will experience sexual violence while in college.

Source: The National Intimate Partner and Sexual Violence Survey (2018): 2015 Data Brief.





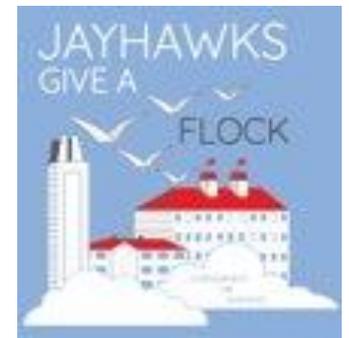
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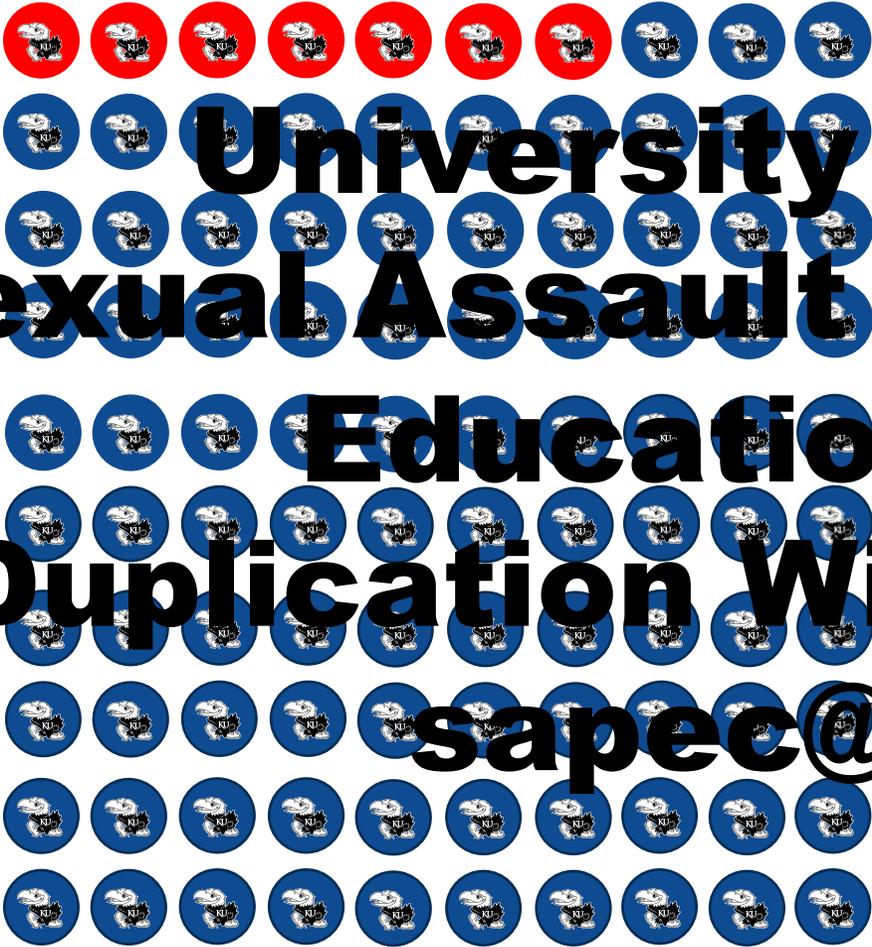
7% of men will
experience sexual
violence while in
college.

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Source: The National Intimate Partner and Sexual Violence Survey (2018): 2015 Data Brief.





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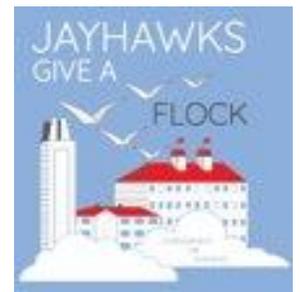
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7%* of Asian/Pacific Islander women will experience sexual violence in their lifetimes.

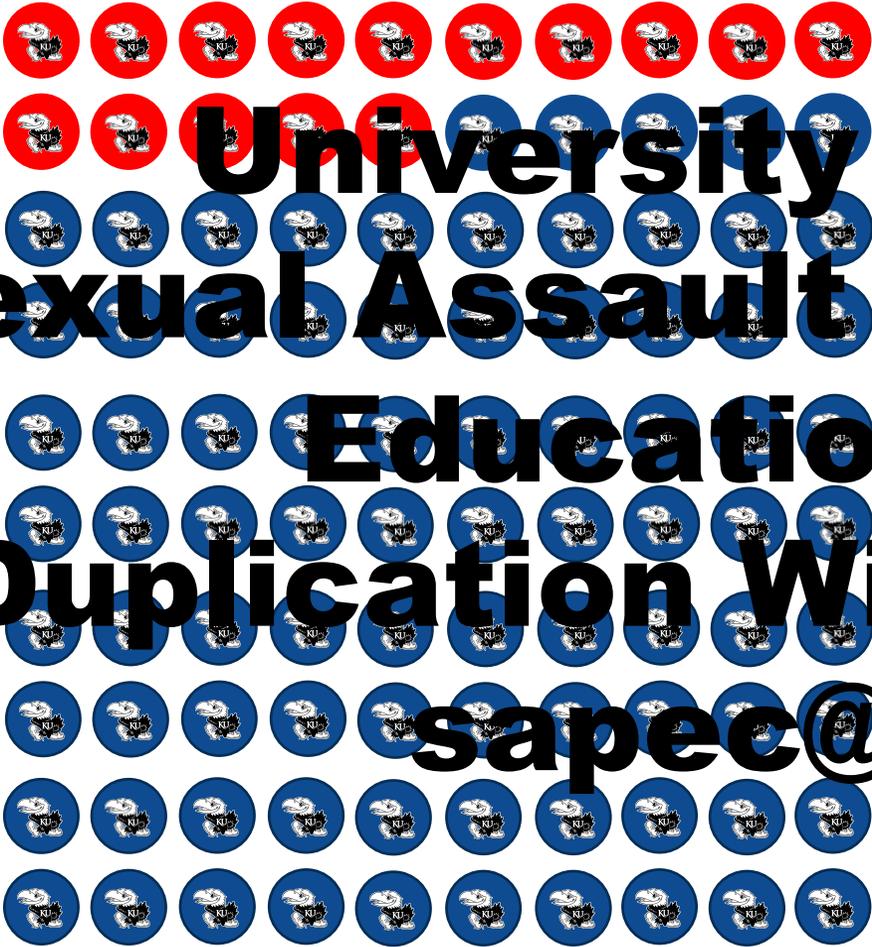
*Likely underreported.

Source: Extent, Nature, and Consequences of Rape Victimization: Findings From the National Violence Against Women Survey from the Department of Justice.

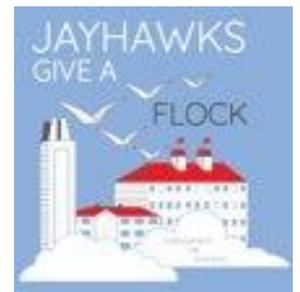


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14.6 % of Hispanic/Latinx women will experience sexual violence in their lifetimes.

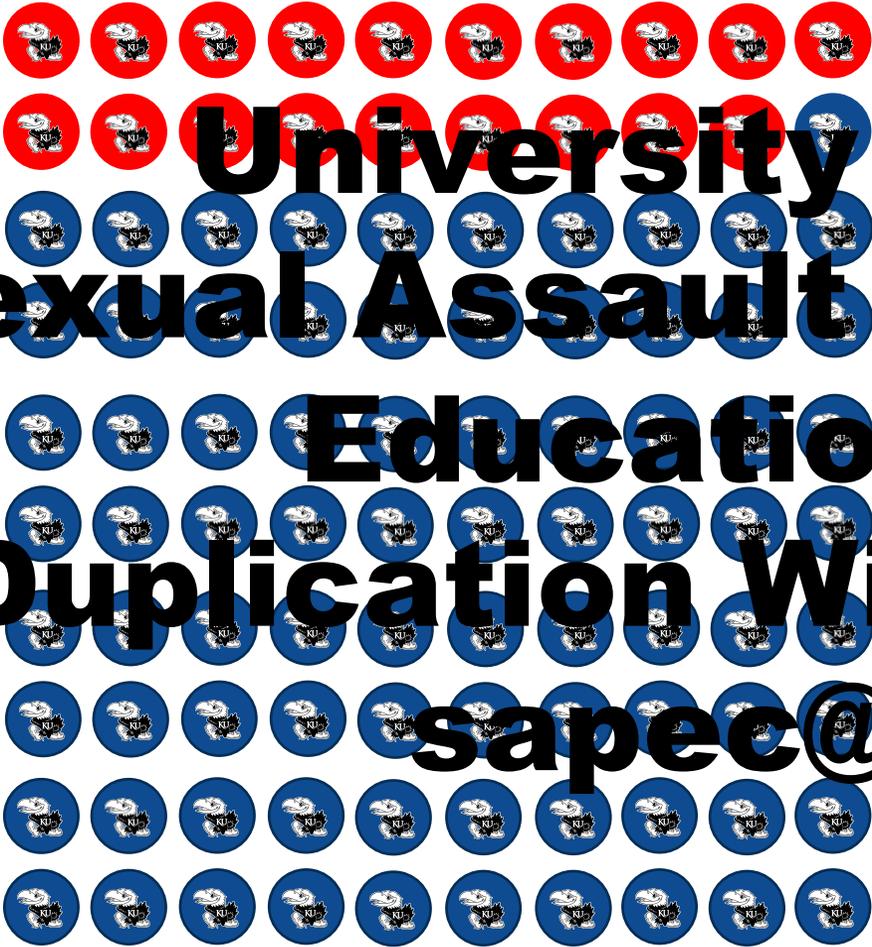


Source: The National Intimate Partner and Sexual Violence Survey (NISVS): 2010 Summary Report.

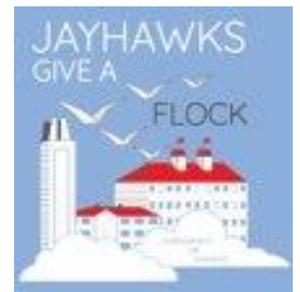


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18.8% of Caucasian/White women will experience sexual violence in their lifetimes.

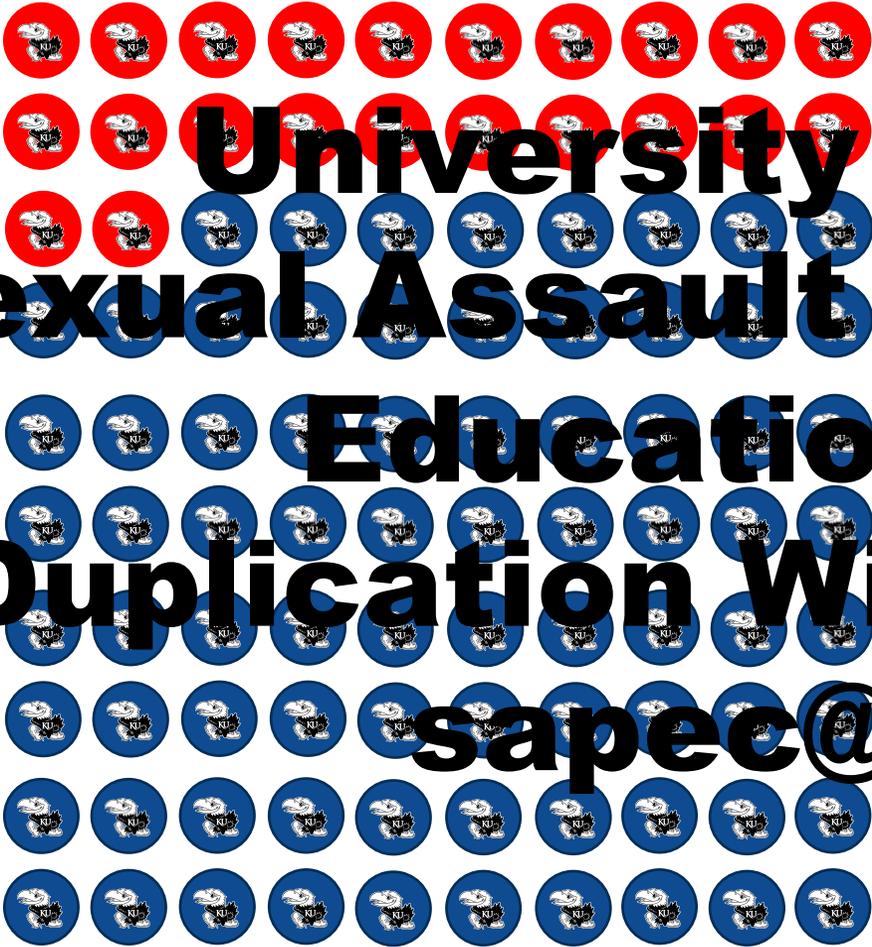


Source: The National Intimate Partner and Sexual Violence Survey (NISVS): 2010 Summary Report.

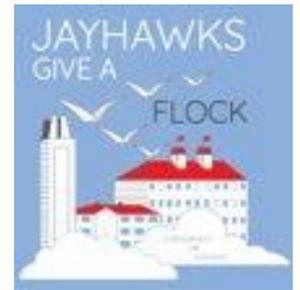


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22% of African-American/Black women will experience sexual violence in their lifetimes.

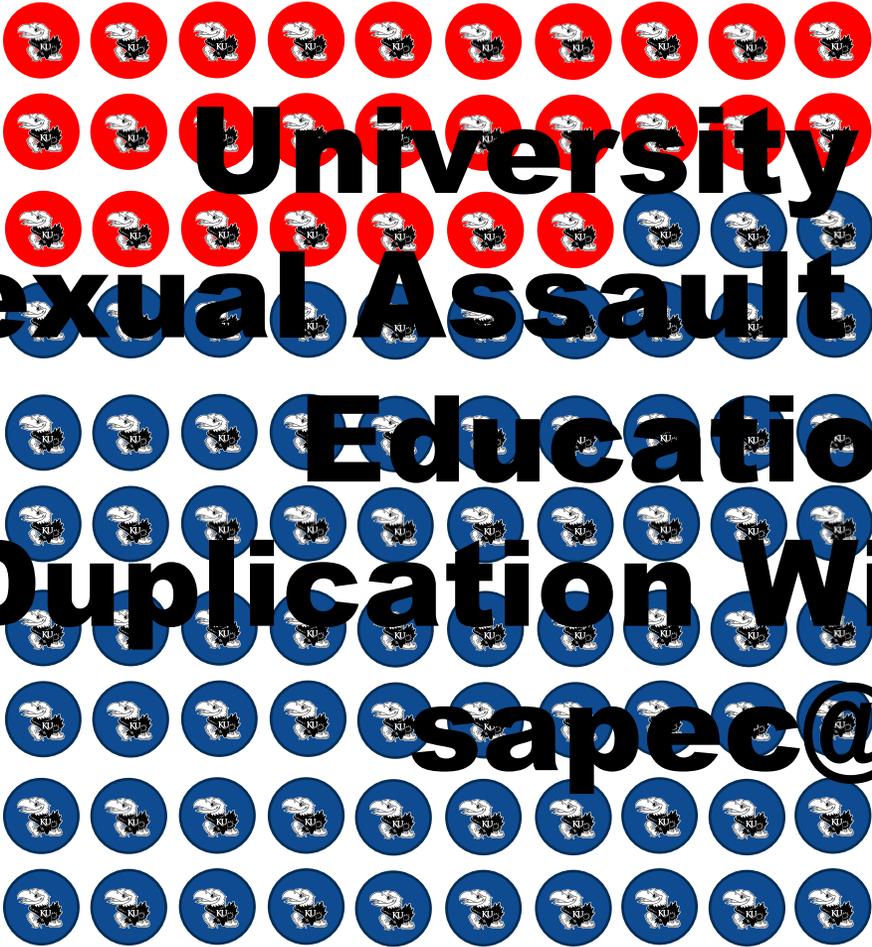


Source: The National Intimate Partner and Sexual Violence Survey (NISVS): 2010 Summary Report.

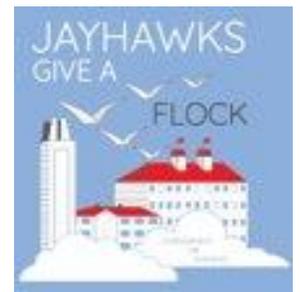


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26.9% of Native American/Alaskan Native women will experience sexual violence in their lifetimes.

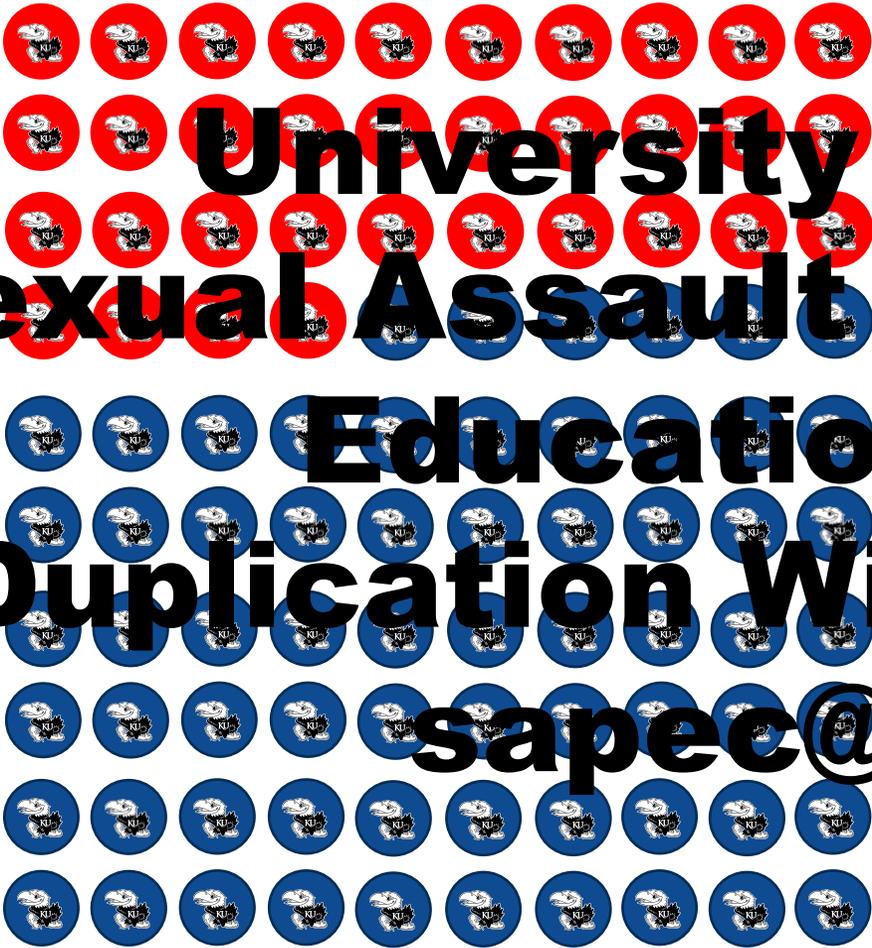


Source: The National Intimate Partner and Sexual Violence Survey (NISVS): 2010 Summary Report.

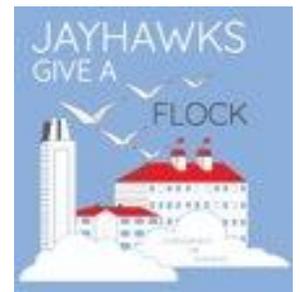


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33.5% of biracial/multiracial women will experience sexual violence in their lifetimes.

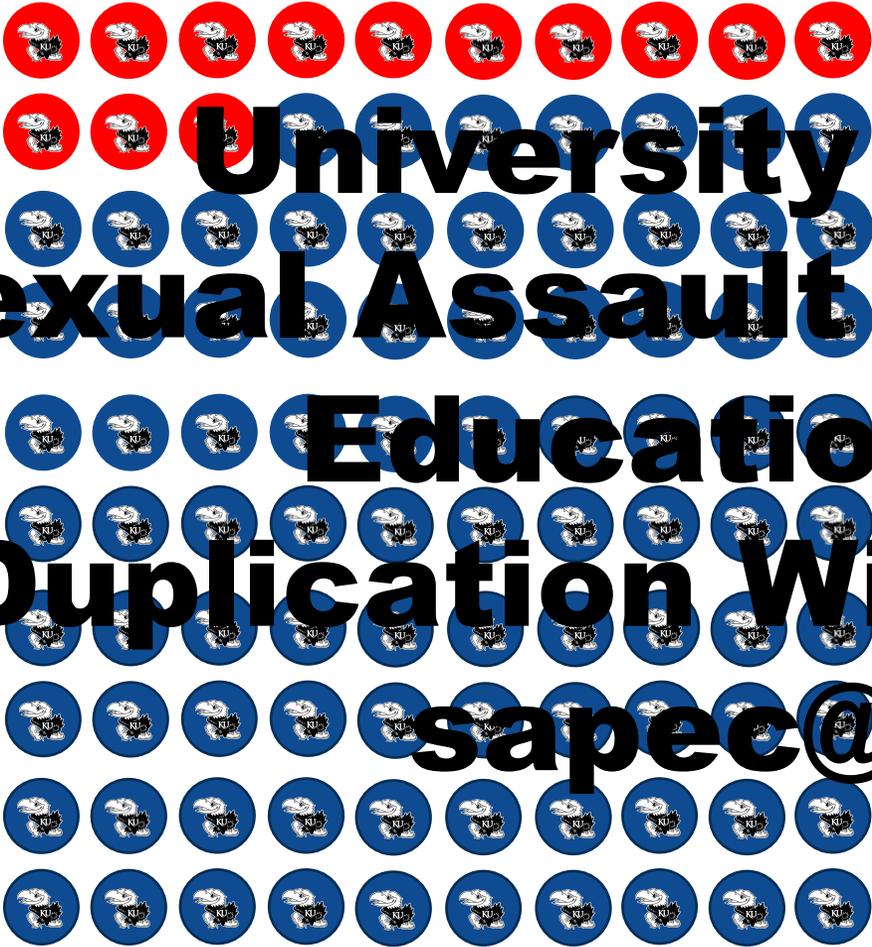


Source: The National Intimate Partner and Sexual Violence Survey (NISVS): 2010 Summary Report.

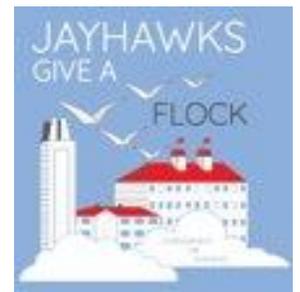


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13% of lesbian women will experience sexual violence in their lifetimes.

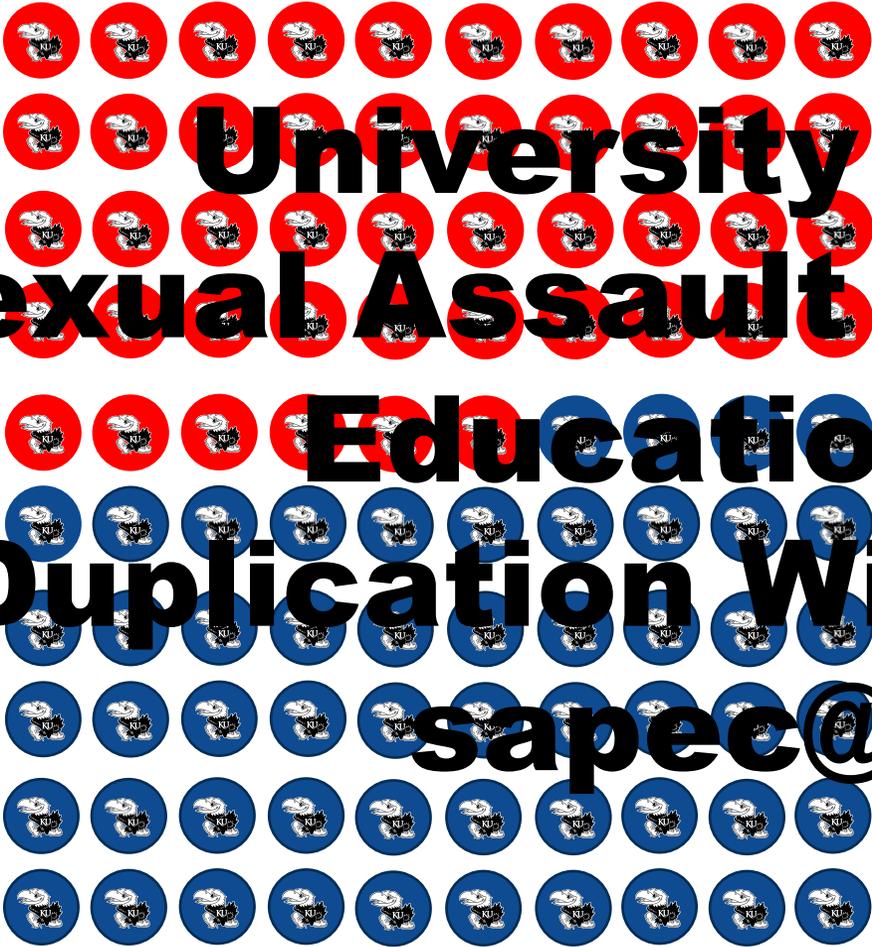


Source: The NISVS: An Overview of 2010 Findings on Victimization by Sexual Orientation

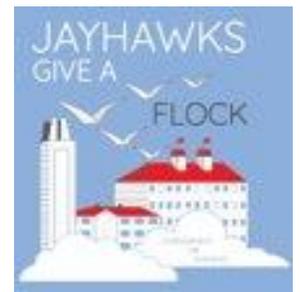


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46% of bisexual women will experience sexual violence in their lifetimes.

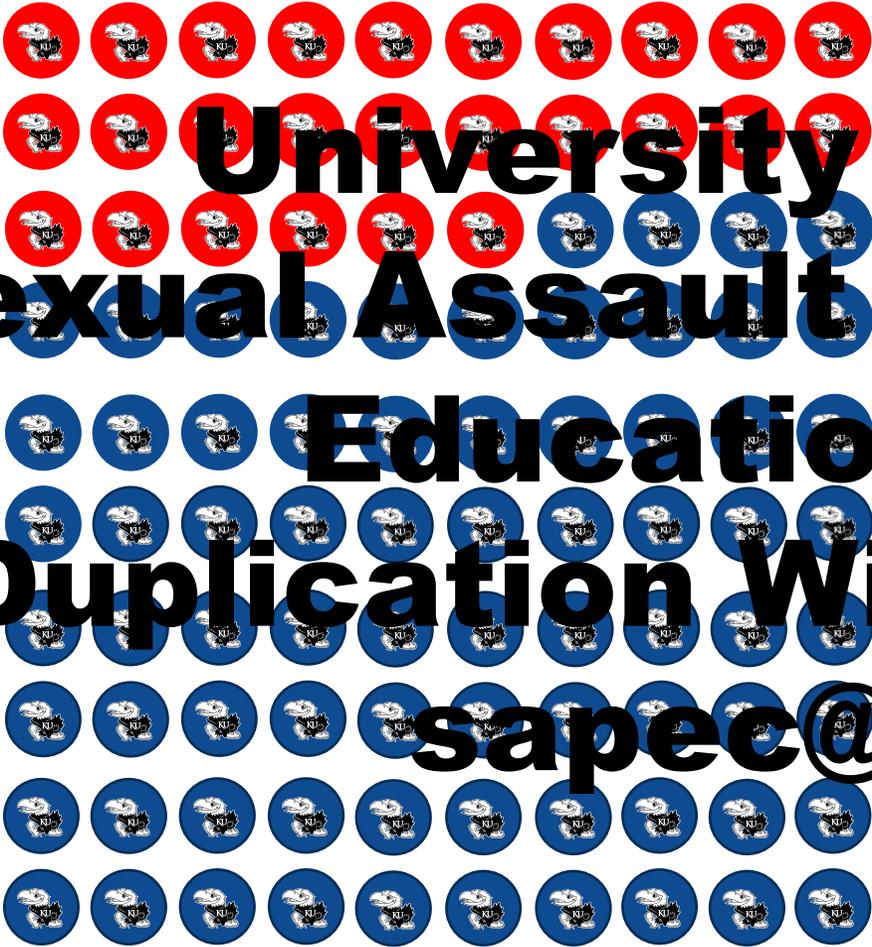


Source: The NISVS: An Overview of 2010 Findings on Victimization by Sexual Orientation

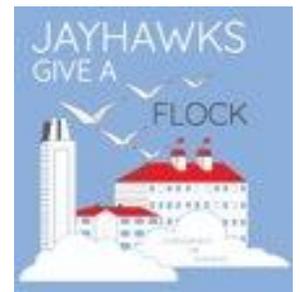


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26% of gay men will experience rape, physical violence, and/or stalking by a partner in their lifetimes.

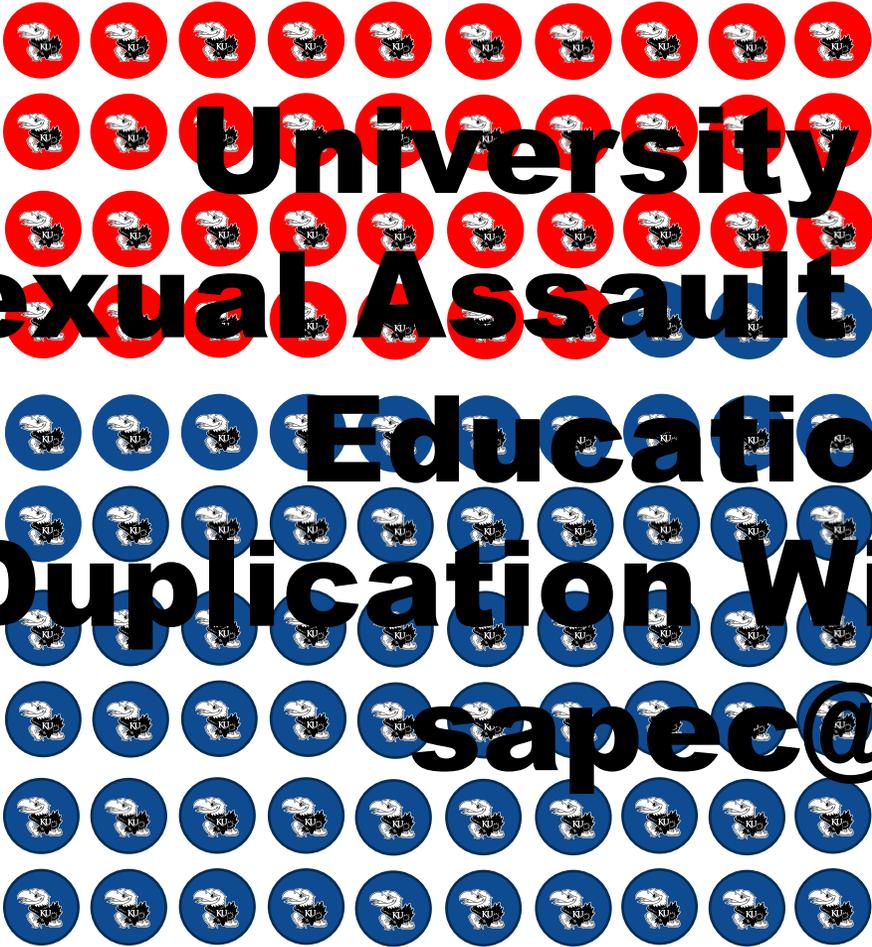


Source: The National Intimate Partner and Sexual Violence Survey (NISVS): 2010 Summary Report.

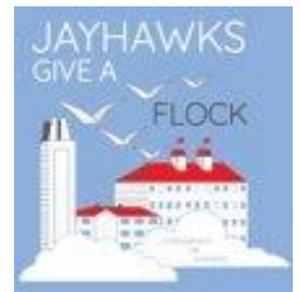


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37% of bisexual men will experience rape, physical violence, and/or stalking by a partner in their lifetimes.

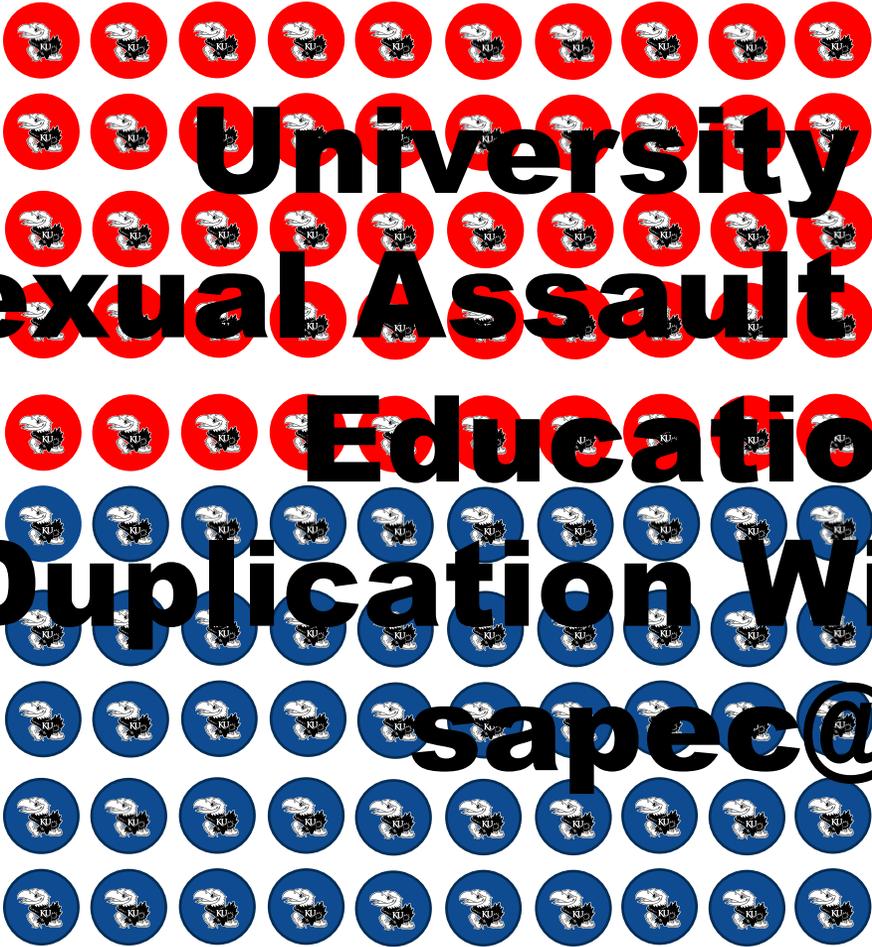


Source: The National Intimate Partner and Sexual Violence Survey (NISVS): 2010 Summary Report.

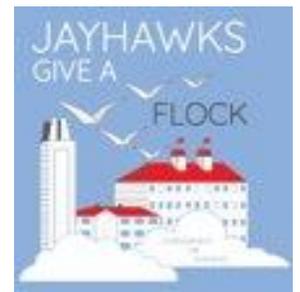


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50% of trans folks will experience sexual violence in their lifetime.



Source: Let's Talk about It: A Transgender Survivor's Guide to Accessing Therapy: <http://forge-forward.org/2015/05/07/lets-talk-about-it-a-transgender-survivors-guide-to-accessing-therapy/>



RAPE CULTURE:

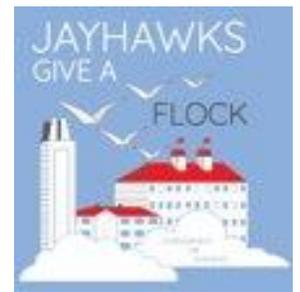
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- Alcohol does not cause sexual assault. However, many offenders use alcohol as a weapon against vulnerable targets.

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- Almost all reports of sexual violence are true. Only 2-8% of reports are false.
- Most college sexual assaults (73%) are perpetrated by an acquaintance or non-stranger.

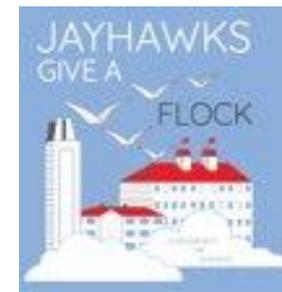
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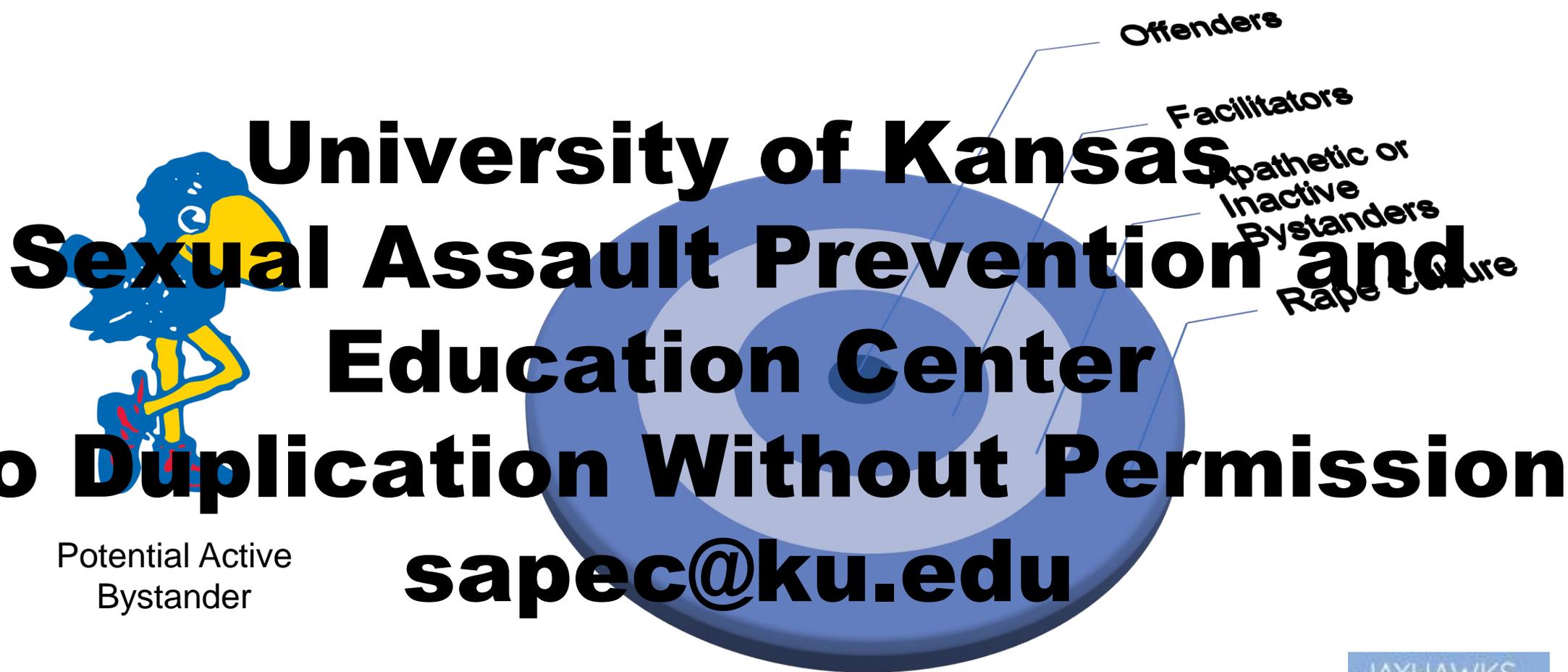
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- The majority of men (94%) who ever rape, however, the few who do will perpetrate 5.7 times.
- Most offenders are never held accountable through a formal system.

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Sources: Department of Justice, Office of Justice Programs, Bureau of Justice Statistics, Felony Defendants in Large Urban Counties, 2009 (2013) Retrieved from <https://www.rainn.org/statistics/perpetrators-sexual-violence>
Lisak, D. & Miller, P.M. (2002). Repeat rape and multiple offending among undetected rapists. *Violence and Victims*.
Lisak, D., Gardinier, L., Nicksa, S.C., & Cote, A.M. (2010). False allegations of sexual assault: An analysis of ten years of reported cases. *Violence Against Women*, 16, 1318-1334. doi:10.1177/1077801210387747



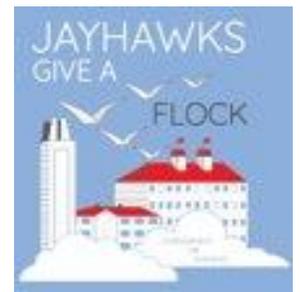


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Potential Active
Bystander



What are examples of rape culture we recognize?

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Attitudes & Beliefs

Verbal Expression

Physical Expression

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Care of Rape Victims

Sexist Comments

Infringing Personal Space

Sexism

Unwanted Requests

Unwanted Touching

Homophobia

Verbal Threats

Sexual Gestures

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Uptight Gender Roles

Street Harassment

Striking

Slut Shaming

Microaggressions

Sexual Assault

Rape Myths

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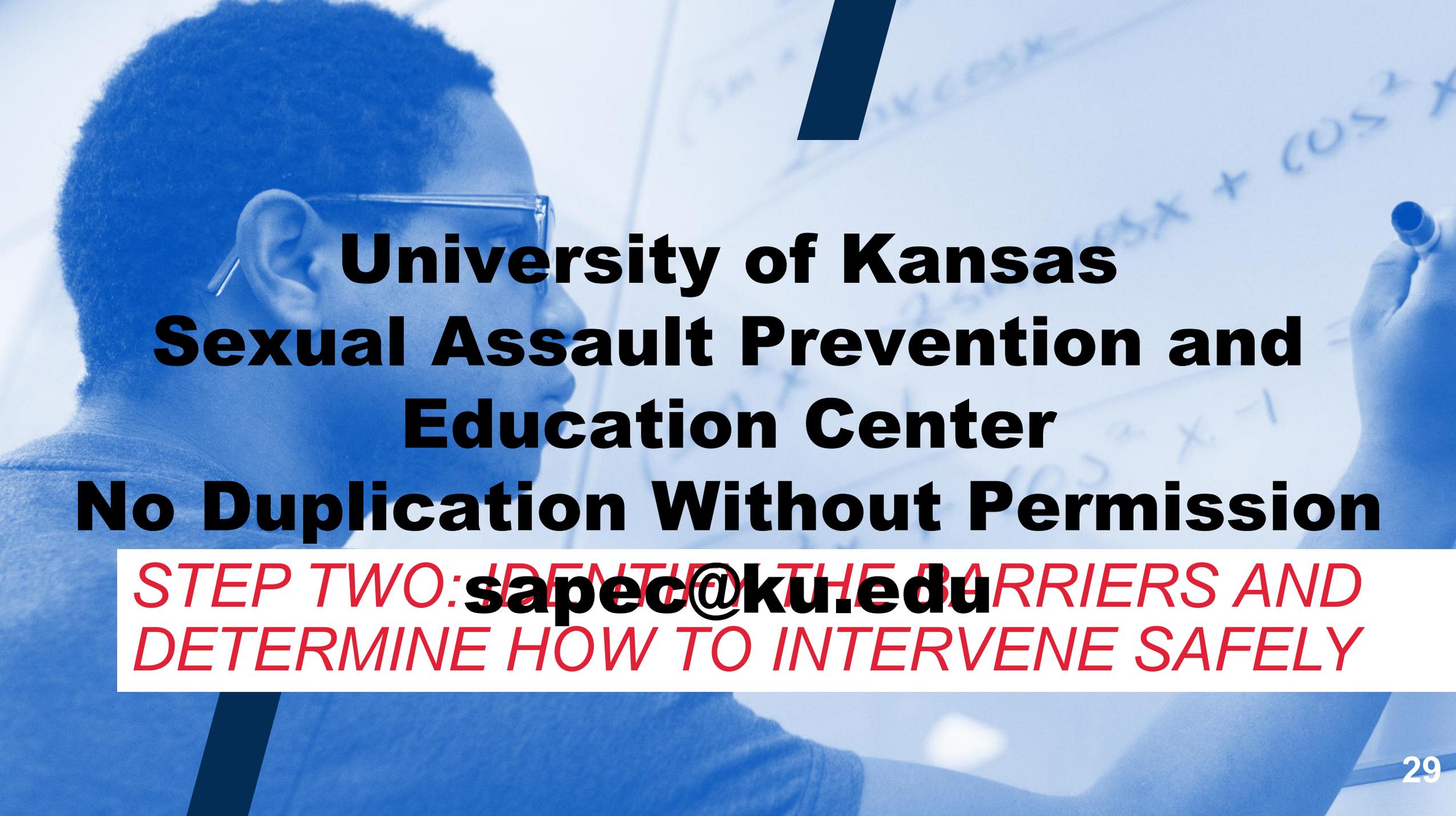
Physical Assault

Victim Blaming

Victim Blaming

Rape

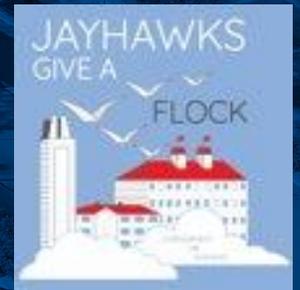
Attitudes & Beliefs inform and justify Verbal and Physical Expressions



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*STEP TWO: IDENTIFY THE BARRIERS AND
DETERMINE HOW TO INTERVENE SAFELY*
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What Prevents People
from Intervening?
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BARRIERS TO INTERVENTION

Bystanders experience barriers at three levels

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PERSONAL BARRIERS

FEEL BARRIERS

SOCIETAL BARRIERS

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Lack of Confidence

Social Pressure

Effusion of Responsibility

Lack of Knowledge

Fear of Embarrassment

Recognition Apprehension

Personal Safety

Threat of Retaliation

Pluralistic Ignorance

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Fear of Getting in Trouble

"Coworkers' Business"

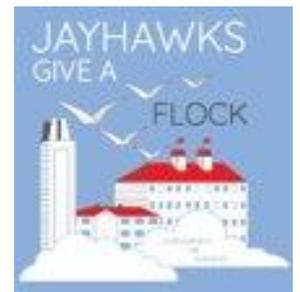
Stigma of Depression

It's a "Private Matter"

Fear of Being a "Snitch"

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Source: Idaho Coalition Against Sexual and Domestic Violence: <http://idvsa.org/wp-content/uploads/2013/01/Barriers-to-Bystander-Interventions.pdf>.



Systems of Oppression

Systems of oppression can include racism, sexism, heterosexism, ageism, ableism, xenophobia and many other forms.

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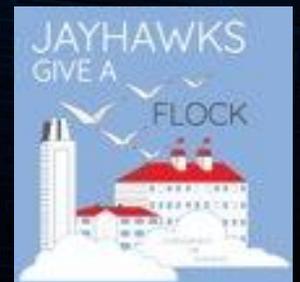
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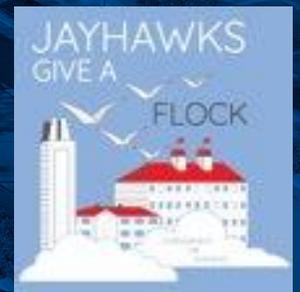
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In the same way that these forms of oppression can compound the effects of sexual victimization, they can also compound the barriers to being a prosocial bystander.

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How does identity affect Sexual Assault Prevention and how we intervene?
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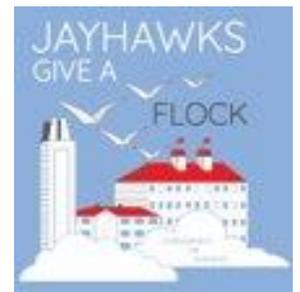
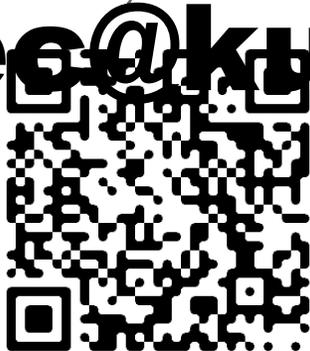


KU Amnesty Policy:

1. The University's priority is your health. We want to remove barriers to reporting so students will get medical attention when it is needed. Neither the person needing medical attention, or the person/people/organization coming forward will be held accountable for the incident.
2. We may still have an educational conversation around substance use, but you will not have a disciplinary record.
3. This policy exists to protect our community, but it cannot be abused. Amnesty only applies to first-time incidents. If someone is found in possession of a pattern of high-risk substance use, it will be addressed.

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WHO'S IN YOUR FLOCK?

Often, we can intervene more effectively when we work together.

Thinking about the people with whom you surround yourself, who can you turn to for help with a situation?

Are you that person for others?
How so?

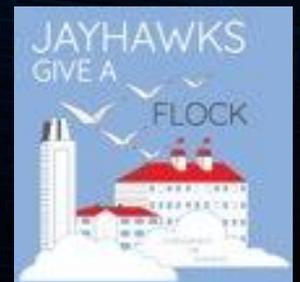
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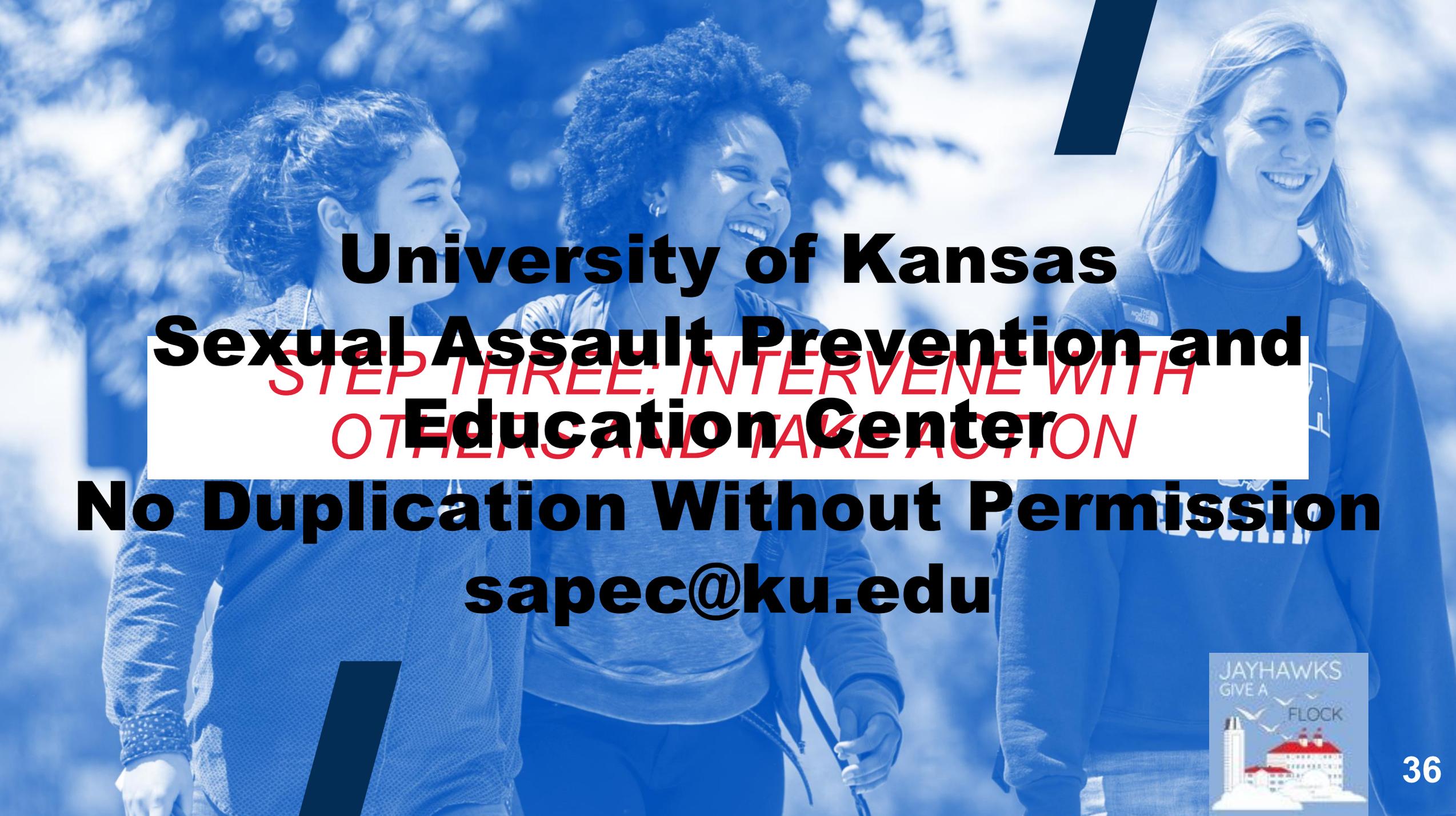
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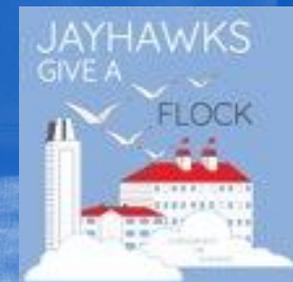




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*STEP THREE: INTERVENE WITH
OTHERS AND TAKE ACTION*

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STRATEGIES FOR INTERVENTION:

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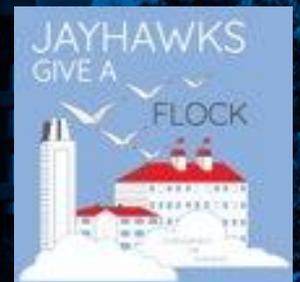
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DOCUMENTATION+

Source: Vector Solutions



DELEGATE

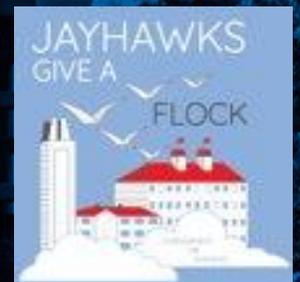
Asking for help from a group of friends or family or other individuals and developing a plan where some or all play a role in intervening.

This can include: **Education Center**

- Find friends to intervene together.
- Alert a friend of the potential victim and assist in intervening.
- Seek someone you don't know but who is authorized to represent others or address issues.

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Source: Vector Solutions



DISTRACT

Interrupting the situation without directly confronting the offender by creating a distraction

This can include:

- Establishing a relationship with someone
- Making something up
- Suggesting an alternative activity

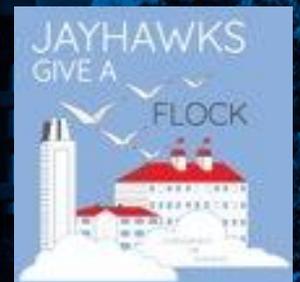
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DIRECT

Talk to directly, in the moment, or if you're not a people person, get help from someone else to prevent a situation from happening.

This can include:

- Create a space or a timeout.
- Check in regularly with potential bystanders.
- Give them different options to remove them from the situation.

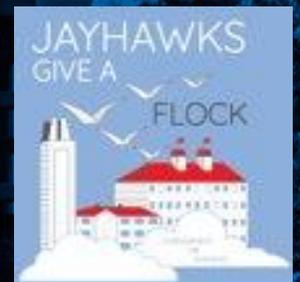
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DOCUMENT

Record and/or take notes during an incident.

This can include:

With reporting:

- Screenshots

Items to remember:

- You should seek consent from the victim/survivor before you

begin documenting.

- Document is an **and** not an **only**.

- Keep your attention on the needs of the survivor and

make sure the documentation is focused on supporting them.

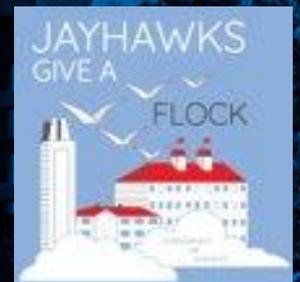
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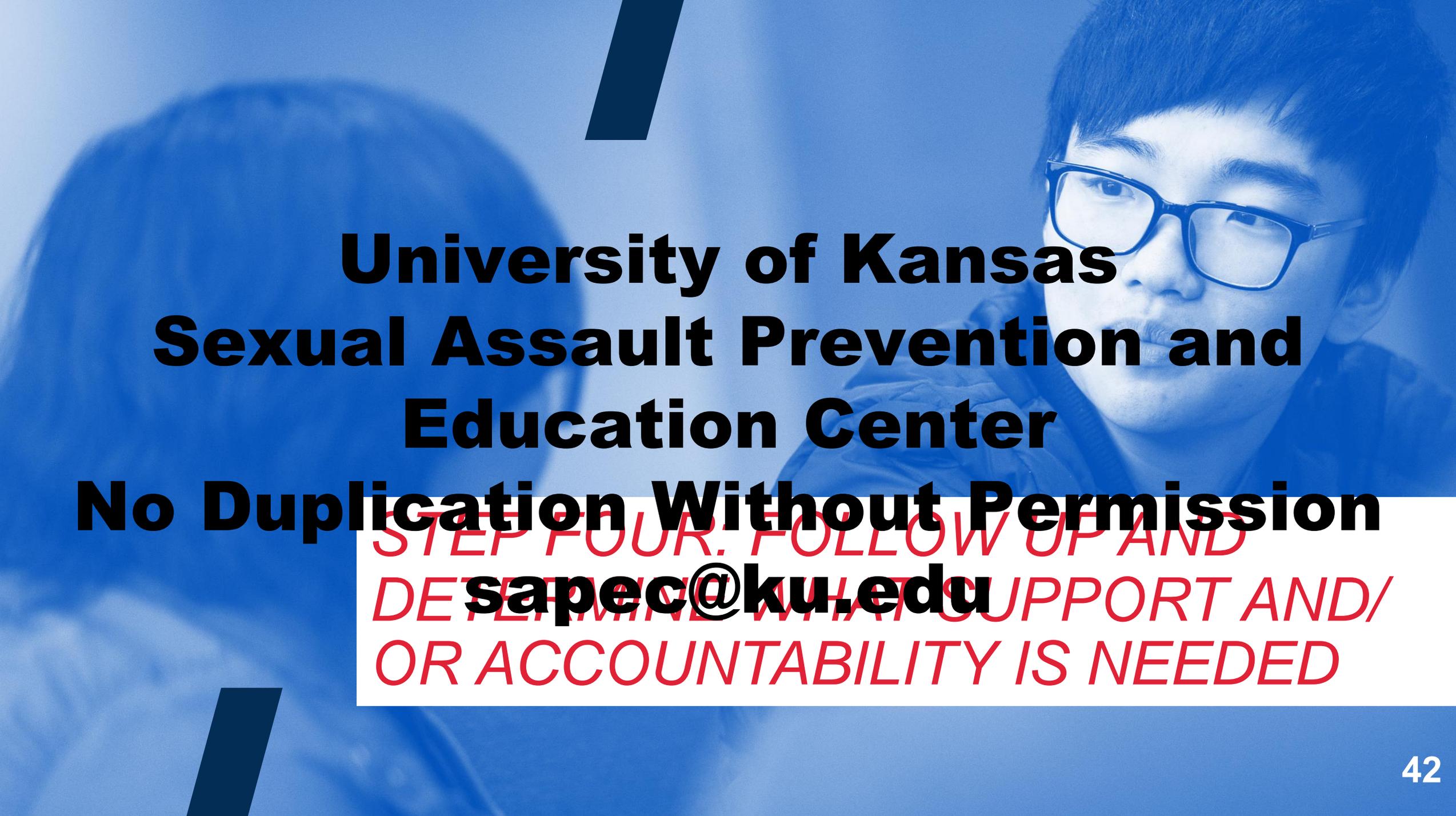
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*STEP FOUR: FOLLOW UP AND
DETERMINE WHAT SUPPORT AND/
OR ACCOUNTABILITY IS NEEDED*

Three things you should say to a survivor
of sexual assault.

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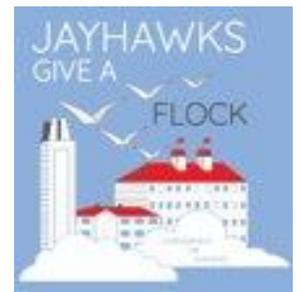
I. I believe you.

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III. How can I be helpful right now?



Free Late-Night Rides Home:

KU SafeRide

Download the 'KU SafeRide' App

Confidential Support:

KU Car Services

785-864-9255 • careservices.ku.edu

KU Counseling and Psychological Services (CAPS)

785-864-2277 • caps.ku.edu

The Sexual Trauma & Abuse Care Center

785-843-8985 (24/7) • stacarecenter.org

Reporting: **sappec@ku.edu**

Office of Civil Rights & Title IX

785-864-6414 • civilrights.ku.edu

KU Report It

785-864-3710 • reportit.ku.edu

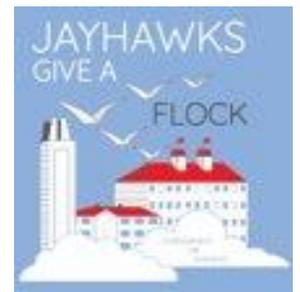
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TAKE A PIC
OF THIS
SLIDE!



GROUP QUESTIONS

I. What issue or issues do you **RECOGNIZE** in this situation?

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II. What barriers can you **IDENTIFY** and how can you safely intervene with others?

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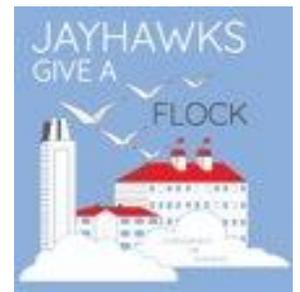
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III. How would you and your group members **INTERVENE** in this situation? (Hint: Delegate, Distract, or Direct, and Document)

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IV. How would you **FOLLOW-UP** with both individuals involved?



Delegate

Distract

Direct

Document

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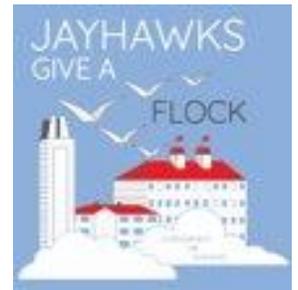
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Asking for help from another individual or individuals and developing a plan where some or all play a role in intervening.

Interrupting the situation without directly confronting the offender by creating a distraction.

Talk to directly, in the moment, to prevent a problem situation from happening.

Record and/or take notes during an incident



I. What issue or issues do you **RECOGNIZE** in this situation?

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II. What barriers can you **IDENTIFY** and how can you safely intervene with others?

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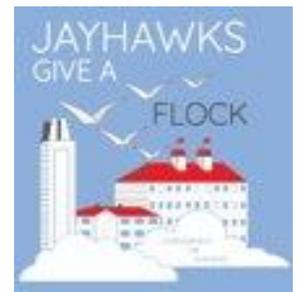
III. How would you and your group members **INTERVENE** in

this situation? (with Delegate, Director, or Director and Board member)

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IV. How would you **FOLLOW-UP** with both individuals involved?





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